Personal, Social and Health Education (PSHE)

One of the strengths of PSHE education provision at St Alphege is that it is central to all aspects of school life. As a small school, with a totally child-centred approach, we endeavour to provide every child an individualised personal, social skills-based support that responds directly to their own current needs. This approach ensures that everyone feels feel safe and secure and we have appropriate high expectations for behaviour and respect for one another.

PSHE is interwoven through the whole curriculum and is also taught in discrete timetabled lessons when appropriate. At St Alphege we use the Go-Givers website <u>http://www.gogivers.org</u> to support learning in PSHE. There are many different lessons which develop the children's understanding in an interactive and practical way.

Teaching of PSHE is closely linked to our school values. We want pupils to develop the knowledge, skills and understanding they will need in order to lead confident, healthy and independent lives. Through PSHE they can find out about themselves and the changes they will face and discover how to be a good citizen.

