



Writing in Early Years

In Year R we develop finger strength and a pincer grip through lots of fun activities inside and outdoors. Developing fine and gross motor skills is key in laying a foundation for future letter formation.

Some examples of activities to help develop finger strength at home are:-

- Using play dough
- Squeezing water from sponges (especially at bath time)
- Scrunching paper balls
- Playing games with clothes pegs.
- Bead threading

Useful Links

[100 High Frequency Words](#)

[Ideas to build physical skills](#)

[Cursive Letter Formation Song](#)

Handwriting

At St Alphege we are implementing a handwriting policy which encourages cursive letter formation and has lead-in and lead-out strokes in preparation for joining, once formation is correct

a b c d e f g h i j k l m
n o p q r s t u v w x y z

Some ideas for writing at home:

- Birthday/thank you cards
- Shopping Lists
- Postcards
- Letters
- Special notebook/scrapbooks.

