

HeartSmart PSHE & RSHE Year Group Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery	Get HeartSmart Meet Boris	Don't Forget To Let Love In! I am special	Too Much Selfie Isn't Healthy! I love others	Don't Hold On To What's Wrong! I am a good friend	Fake Is A Mistake! I tell the truth	No Way Through Isn't True! I can do it
Reception	Get HeartSmart Meet Boris	Don't Forget To Let Love In! I am special	Too Much Selfie Isn't Healthy! I love others	Don't Hold On To What's Wrong! I am a good friend	Fake Is A Mistake! I tell the truth	No Way Through Isn't True! I can do it
Year 1	Get HeartSmart	Don't Forget To Let Love In!	Too Much Selfie Isn't Healthy!	Don't Hold On To What's Wrong!	Fake Is A Mistake!	No Way Through Isn't True!
Year 2	Get HeartSmart	Don't Forget To Let Love In!	Too Much Selfie Isn't Healthy!	Don't Hold On To What's Wrong!	Fake Is A Mistake!	No Way Through Isn't True!