

# Joy Lane

Call us: 03000 417555  
Email us: JoyLaneChildrensCentre@kent.gov.uk

Visit us:  
Joy Lane Primary School,  
Joy Lane, Whitstable,  
CT5 4LT



Apr - May

No need to book for Bumps to Walkers and Stay & Play.  
All other Sessions need to be booked.

M

### BUMPS TO WALKERS

9:30am - 11:00am

For pregnant carers and babies  
from newborn until walking.  
Starting 25th April.



Tu

### STAY AND PLAY

10:00am - 11:30am

A parent and toddler group for children ages 0-5 years.  
Starting 19th April..

W

### WHAT ABOUT BOYS

1:00pm - 2:00pm

To aid parents in understanding your child's development and  
practical ways to support their behaviour.  
Starts on 4th May.

Th

### CHILDMINDERS PLAY SESSION

9:30am - 11:30am

A group for local childminders to meet.  
Please call the centre for more info. Starts 21st April.



F

### BABY MASSAGE

10:00am - 11:00am

A 4 week course for babies over 8 weeks.  
Starts on 6th May.

# Poppy

Call us: 03000 422889  
Email us: PoppyChildrensCentre@kent.gov.uk

Visit us:  
Parklife, Memorial Park,  
Kings Road, Herne Bay,  
CT6 5RG



Apr - May

No need to book for Bumps to Walkers and Stay & Play.  
All other Sessions need to be booked.

M

### STAY AND PLAY

10:00am - 11:30am

A parent and toddler group for children ages 0-5  
years. Starts 25th April.

### LITTLE TALKERS

1:00pm - 2:00pm

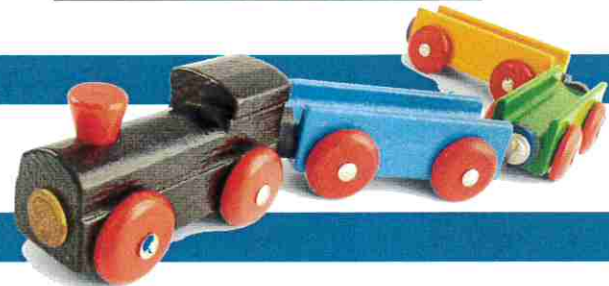
A 5 week course on speech development through play  
for children aged 2 and a half - 5 years. Contact the  
centre to book your place. Starts 25th April.

Tu

### WALK AND TALK

10:00am - 11:00am

Come and join Nicky for a walk along the  
seafront. Starts 26th April.



W

### EXPLORERS

10:00am - 11:30am

A 5 week course. Positive ways to support you, if  
you think your child has ADHD, Autism, Dyslexia  
etc. Starts 27th April.

Th

### BABY MASSAGE

10:00am - 11:00am

A 4 week course for babies over 8 weeks.  
Starts 5th May.

### YAPS GROUP

12:30pm - 2:30pm

A support group for parents and parents-to-be up to  
the age of 21. Starts 21st April.

F

### BUMPS TO WALKERS

9:30am - 11:00am

For pregnant carers and babies  
from newborn until walking.  
Starts 22nd April.



**Briary** Call us: 03000 420897 Email us: BriaryChildrensCentre@kent.gov.uk Visit us: Greenhill Road (West), Herne Bay, CT6 7RS **Briary** A Sure Start Outreach Site

**Apr - May** No need to book for Bumps to Walkers and Stay & Play. All other Sessions need to be booked.

**M** CLOSED ALL DAY

**Tu** **KENT ADULT EDUCATION - FOREST SCHOOL**  
9:30am - 11:00am  
A fun and informal 6 week course for mothers, fathers and carers of children aged 3-5 years exploring the outdoors. Starts 19th April.




**W** **STAY AND PLAY**  
10:00am - 11:30am  
A parent and toddler group for children ages 0-5 years. Starts 20th April.

**Th** **BUMPS TO WALKERS**  
9:30am - 11:00am  
For pregnant carers and babies from newborn until walking. Starts 21st April.

**Th** **TWINS**  
12:30pm - 2:30pm  
Parent lead group for twins and multiples, please contact the centre for more information.

**F** CLOSED ALL DAY

*Free For 2*  
Some 2 year olds can get up to 15 hours of free childcare per week! To find out more, contact your local Children's Centre.

**Swalecliffe** Call us: 03000 411039 Email us: SwalecliffeCC@kent.gov.uk Visit us: Swalecliffe Primary School, Bridgefield Road, Swalecliffe, Whitstable, CT5 2PH **Swalecliffe** A Sure Start Outreach Site

**Apr - May** No need to book for Bumps to Walkers and Stay & play. All other Sessions need to be booked.

**M** CLOSED ALL DAY

**Tu** CLOSED ALL DAY




**W** **BUMPS TO WALKERS**  
9:30am - 11:00am  
For pregnant carers and babies from newborn until walking. Starts 20th April.

**Th** **STAY AND PLAY**  
10:00am - 11:30am  
A parent and toddler group for children ages 0-5 years. Starts 21st April.

**Th** **BABY MASSAGE**  
1:00pm - 2:00pm  
A 4 week course for babies over 8 weeks. Starts 5th May.

**F** **WALK AND TALK**  
10:00am - 11:00am  
Come join Nikita for a fresh air walk along the seaside! Starts 22nd April.

**F** CLOSED ALL DAY

**Email Information Service**  
Email sent once a week for four weeks: To book on contact [JoyLaneChildrensCentre@kent.gov.uk](mailto:JoyLaneChildrensCentre@kent.gov.uk) or call 03000 417555.

**Healthy Babies** covering – Active Babies, Communication with your baby, Looking after your baby's teeth. Babies and sleep.

**School Readiness** – What does it mean to be school ready? Building resilience to help with transitioning. Activities to do at home to help support getting ready for school. Practical tips for parents.

**Bonding with Bump** – Early communication. Bonding with Bump for Partners and others. Keeping active and a healthy diet. Preparing for baby's arrival.


**Healthy Tots** – Healthy eating. Keeping it balanced. Healthy bodies. Healthy Minds and useful links.



**Better Bedtimes workshops on Facebook** - Please join us for our better bedtime workshops, these can be accessed via Facebook by searching Children's Behaviour - Better Bedtimes - Canterbury. The workshops cover the following topics:

- Factors that may affect your child's sleep
- Looking at routines
- What to do if your child wakes up on the night
- Details of other organisations you can turn to and lots more extra resources!

**Bumps to Bloom** - Working in partnership with Thanet Children's Centres. A 6-week group for expectant parents and their partners. This group covers a range of topics such as bonding with bump during pregnancy, hospital bag and home essentials, first days at home, Unwell babies, playtime and much more. Delivered by MS Teams, please call: 03000 411041 or email: [priorycc@kent.gov.uk](mailto:priorycc@kent.gov.uk) to book your place.

 Follow us on Facebook for up to date information from public health, partner services and fun activities.

 Follow us on Instagram for up to date information from public health, partner services and fun activities.

# Children's Centre Opening times

**Joy Lane**  
Mon - Thu 8:30am - 4:30pm  
Fri 8:30am - 4:00pm

**Poppy**  
Mon - Thu 8:30am - 4:30pm  
Fri 8:30am - 4:00pm

**Briary**  
Tue 8:30am - 12:30pm  
Wed - Thu 8:30am - 4:30pm

**Swalecliffe**  
Wed - Thu 8:30am - 3:00pm

**Timetables run from:**  
Tuesday 19th April 2022  
to Friday 27th May 2022

Walk in clinics are not available, parents will need to call the Health Visiting duty line to discuss their concerns: 0300 7900 156

If you need to speak with a Midwife, you can call: 01227 864 152

Please contact the centre if you have any queries regarding start dates or times of any other groups or services.

You can now register with us on the KCC website!  
[www.kent.gov.uk](http://www.kent.gov.uk)

