

Clever Fingers Activity Suggestions



Many of the activities suggested below will address several components of fine motor development

Two sided- Bilateral	Different hand functions - Opposition	Strengthening	Manipulation	Working in 3D - Spatial
Lacing cards Threading (beads, pasta, buttons, etc) Nuts & bolts (e.g. Meccano) Picnic cutlery Wind up mini toys Construction toys (Lego, K'Nex, etc) Fastenings (zips, buttons, etc) Russian' dolls Crew top containers Pegs – using a 'washing line' Stencils Rubik's Cubes or or similar	Fuzzy Felts Magnetic shapes Posting /Money boxes (paper clips, beads, coins, buttons, etc) Mosaic/Peg boards Wind up mini toys Pick-up-stix French knitting Tiddly Winks (or similar e.g. Jumping Frogs) Spinning tops Jenga / Uno Stacko Re-usable sticker books Marbles Spinning tops	Plasticine Playdough/salt dough Theraputty 'Stress' balls Tongs/Tweezers (picking up & sorting beads, buttons, etc) French Knitting Basting bulb/pipette (to blow items across tabletop) Tiddly Winks (or similar e.g. Jumping Frogs) Pegs/Bulldog clips Hole/thumb punch Lego Popping bubble wrap Fastenings (poppers, clips, etc)	Posting (paper clips, coins, etc) Plasticine /Playdough (including cutlery) Paper folding (e.g.origami, paper planes, etc) Cats Craddle Fastenings (buttons, buckles, etc) Plasticine Playdough Finger puppets Etcha Sketch Jacob's ladder Marbles Rubik's Cubes or similar Spinning tops Card games (turning cards over, shuffling, etc)	Construction toys (Lego, Geomag, Octogons, etc) Building bricks Pattern copying (pegboards, magnetic shape pictures, etc) Jenga / Uno Stacko Etch-A- Sketch Stacking/balancing Games Block puzzles Jigsaw puzzles Building house of cards Weaving