

## A guide about the Kent School Health Team

This advice sheet will give you information about caring for school-age children and young people.

### Who are we?

The Kent School Health Team is a team of skilled professionals led by specialist community public health nurses. We are qualified nurses or midwives with graduate level education in the health needs of children and young people.

Our specialist community public health nurses are supported by registered nurses, school nurse assistants and administrative staff.

We work in partnership with children, young people, families and other professionals in a range of locations, including schools, clinics and family homes.



### What do we do?

We provide a range of services aimed at supporting children and young people to have the best possible health and education outcomes (*Getting it right for children, young people and families Department of Health, 2012*).

### Our services

The services we provide for children and young people and families include:

#### Reception year

- School entry health screening
- National Child Measurement Programme (height and weight measurement).

**Year 6** - National Child Measurement Programme (height and weight measurement).

#### Immunisations

Immunisations will be offered in line with the National Immunisation Schedule.

We can also provide advice, support and signposting for:

- daytime and night time wetting and soiling
- behaviour management
- healthy eating and lifestyle
- emotional health and wellbeing
- puberty and growing up
- sexual health, including Chlamydia screening
- stopping smoking
- drug and alcohol misuse
- complex health needs.

### Our mobile phone service

We provide a mobile phone service that young people of secondary school age can use to contact us about any health concerns they may have.

Our aim is to provide a service that is visible, accessible and confidential.

This is in line with *Getting it right for children, young people and families, Department of Health (2012)*. You can find out more at [www.nhs.uk](http://www.nhs.uk)

### Contact us

Visit [www.kentcht.nhs.uk/schoolhealth](http://www.kentcht.nhs.uk/schoolhealth) for more information or contact your local team.

#### Ashford

Phone: 0300 123 3094

Email: [kcht.schoolnurses-ashford@nhs.net](mailto:kcht.schoolnurses-ashford@nhs.net)

#### Canterbury and Coastal

Phone: 0300 790 0157

Email: [kcht.canterburyandcoastal-schoolnurses@nhs.net](mailto:kcht.canterburyandcoastal-schoolnurses@nhs.net)

#### Dartford and Gravesend

Phone: 0300 123 3164

Email: [kcht.dartfordgravesendschoolnurses@nhs.net](mailto:kcht.dartfordgravesendschoolnurses@nhs.net)

#### Dover, Deal and Rural

Phone: 01304 873560

Email: [kcht.schoolnursesDDR@nhs.net](mailto:kcht.schoolnursesDDR@nhs.net)

#### Maidstone

Phone: 0300 123 4083

Email: [kcht.maidstoneschoolnurses@nhs.net](mailto:kcht.maidstoneschoolnurses@nhs.net)



#### Sevenoaks and Swanley areas

Phone: 0300 123 3169

Email: [kcht.SNT-swan@nhs.net](mailto:kcht.SNT-swan@nhs.net)

#### Shepway

Phone: 01303 858924

Email: [kcht.shepwayschoolnurses@nhs.net](mailto:kcht.shepwayschoolnurses@nhs.net)

#### Thanet

Phone: 01843 830175

Email: [kcht.schoolnursing@nhs.net](mailto:kcht.schoolnursing@nhs.net)

#### Tonbridge and Malling

Phone: 01732 221162

Email: [kcht.sch-larkfield@nhs.net](mailto:kcht.sch-larkfield@nhs.net)

#### Tunbridge Wells

Phone: 0300 790 0244

Email: [kcht.twschoolnursing@nhs.net](mailto:kcht.twschoolnursing@nhs.net)

**i care...**

your gift, our promise.



Help the NHS go above and beyond. Visit [www.kentcht.nhs.uk/icare](http://www.kentcht.nhs.uk/icare)

### Customer Care Team

If you have a query about our health services, or would like to comment, compliment or complain about Kent Community Health NHS Foundation Trust, you can contact the **Customer Care Team**.

**Phone:** 0300 123 1807, 8am to 5pm, Monday to Friday

Please say if you would like the team to call you back

**Text:** 07943 091958 **Email:** [kcht.cct@nhs.net](mailto:kcht.cct@nhs.net)

**Address:** Customer Care Team, Kent Community Health NHS Foundation Trust, Trinity House, 110-120 Upper Pemberton, Eureka Park, Ashford, Kent TN25 4AZ **Web:** [www.kentcht.nhs.uk](http://www.kentcht.nhs.uk)

If you would like this information in another language, audio, Braille, Easy Read or large print, please ask a member of staff.

You will be asked for your agreement to treatment and, if necessary, your permission to share your personal information.

**Leaflet code:** 00698

**Published:** January 2016

**Expires:** January 2019

Page 2 of 2