

Herne Bay & Whitstable Timetable

❄️ 8th January - 9th February 2024 ❄️



Poppy - 03000 422889
Parklife, Memorial Park, Kings
Road, Herne Bay, CT6 5RG



Joy Lane - 03000 417555
Joy Lane Primary School, Joy
Lane, Whitstable, CT5 4LT



Briary - 03000 420897
Greenhill Road (West),
Herne Bay, CT6 7RS



Swalecliffe - 03000 411039
Swalecliffe Primary School,
Bridgefield Road, Swalecliffe,
Whitstable, CT5 2PH



All of our groups and services are free to attend.

Monday

Joy Lane

Bumps and Babies
9:30am - 11:00am

Poppy

Let's Get Counting
10:00am - 11:30am

Starts:
15th
Jan

Poppy

Baby Massage
1:00pm - 2:00pm



Please Note:

Signing in sheets will not be available until
10 minutes before the session starts.

Tuesday

Swalecliffe

Let's Get Storytelling
9:30am - 11:00am

Poppy

Healthy Walk
10:00am start

Date:
16th
Jan

Joy Lane

Baby Massage
1:00pm - 2:00pm

Arrive
before
3:15pm

Poppy

Child Health Clinic
1:30pm - 3:30pm

Poppy

Breastfeeding Support Group
1:30pm - 3:30pm

Wednesday

Briary

Let's Get Moving
12:30pm - 2:00pm

Date:
17th
Jan

Poppy

Introducing Solid
Foods
12:30pm - 2:00pm



Thursday

Briary

Bumps and Babies
9:30am - 11:00am

Starts:
18th
Jan

Briary

Bookstart
10:00am - 11:00am

Poppy

Young Parents
12:30pm - 2:00pm

Joy Lane

Let's Get Musical
1:00pm - 2:30pm

Once
a
month

Poppy

SEND Support Group
10:00am - 11:30am
First Thursday of the month

Friday

Once
a
month

Joy Lane

SEND Support Group
9:30am - 11:00am
Second Friday of the month

Poppy

Bumps and Babies
10:00am - 11:30am

Starts:
19th
Jan

Joy Lane

What About Boys
1:00pm - 2:30pm



Please turn over
for more
information



Register with Kent Children's Centres

<https://www.kent.gov.uk/education-and-children/childcare-and-pre-school/childrens-centres>



PoppyChildrensCentre@kent.gov.uk



BriaryChildrensCentre@kent.gov.uk

Email Us:



JoyLaneChildrensCentre@kent.gov.uk



SwalecliffeCC@kent.gov.uk





Information

Please Note:

For Health and Safety reasons there are room capacity limits in place.



Opening Times:



Poppy

Monday - Thursday 8:30am - 4:30pm
Friday 8:30am - 4:00pm



Joy Lane

Monday - Thursday 8:30am - 4:30pm
Friday 8:30am - 4:00pm



Briary

Wednesday 8:30am - 4:30pm
Thursday 8:30am - 4:30pm



Swalecliffe

Tuesday 8:30am - 4:30pm

0 - 5
Years
Old

Let's Get...

Our themed play session with a wide range of activities for parents/carers and their children to enjoy together with a focus this term on Counting, Moving, Musical, and Storytelling.

Bumps and Babies

For expectant parents and carers, until your child is walking. A chance to socialise with others, gain information, support and advice.

Healthy Walk

Come along and join us for a healthy walk. This is an opportunity to meet other parents and carers.
Walks last approximately 1 hour.

Young Parents

A support group for parents and parents-to-be up to the age of 20 years. Creative and fun sessions with information, advice and an opportunity to make new friends.

Useful Contact Numbers:

Health Visitor

0300 7900 156

Midwife

01227 864152

Introducing Solid Foods

1 Session Course

A parents & carers session, suitable just before you introduce solid food to your baby from 6 months old. Advice and techniques to support your child through their journey.



Booking Required

3 - 5
Years
Old

What About Boys

4 Week Course

For parents/carers, we will be looking at practical ways to set boundaries, understand your child's behaviour and improve communication.



Booking Required

1 - 4
Years
Old

Bookstart

4 Week Course

A course bringing stories alive with the use of puppets and books. Receive a free bookstart pack at the end of the course!



Booking Required

8 Weeks
to
6 Months

Baby Massage

4 Week Course

Baby Massage enables you to learn about and respond to your baby's body language. It is also a wonderful way to make your baby feel safe and secure.



Booking Required

Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week! For more information and how to apply:



SEND Support Group

Poppy - First Thursday of the month
Joy Lane - Second Friday of the month

We can help you with understanding your child's needs, tips and strategies to help at home, signposting to local SEND Support Services and getting the best from your child's education.

Child Health Clinic & Breast Feeding Support Group

A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Breastfeeding information, advice and support is also available. Please arrive by 3:15pm, 15 minutes before the end of the clinic.

Healthy Start Vitamins

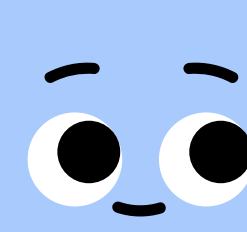
Are you eligible for Healthy Start Vitamins? if so, complete this form to order Healthy Start Vitamins to your door:



@CanterburyChildrens
Centres



@Canterbury_Childrens
_Centres



Please take a look at our better bedtimes workshops on Facebook.



Kent
County
Council
kent.gov.uk

